

PREMIUM GROWKIT

DISINFECT
Always use
antibacterial
soap



STEP 1

Soak the grow kit

Clean the table and wash your hands with antibacterial soap

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Open the corner of the lid and fill it with cold tap water until it's full

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Close and let it soak in a cold place between 9 and 12 hours.

9-12 HOURS NEXT STEP

**INDIRECT
DAYLIGHT**
Never direct
sunlight



STEP 2

Prepare the bag

Drain the water out of the kit and remove the lid (keep it for next flushes)

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Pour 150 ml. of tap water in the filter bag and place the grow kit inside

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Spray water on the side of the bag, fold the top and close with the clip

2-4 WEEKS NEXT STEP

**BETWEEN
23-27 °C**
Ideal growing
Temperature



STEP 3

Let it breathe

Once the first micro mushrooms appear, refresh the air 1-3 times a day

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Open the filter bag (let the CO2 out) and close it with lots of fresh air inside

1-2 WEEKS NEXT STEP

**PLUCK IT
WITH A TWIST**
Never cut it or
use a tool



STEP 4

Time to harvest

Harvest once the cap of the mushrooms are almost fully open

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Pluck them with a slight twist - When everything is plucked you can start with your second flush!

SEE STEP 1 AND REPEAT